

SUN	MON	TUE	WED	THUR	FRI	SAT
				8:00 Reminder: Update Your Emergency Information 1 10:00 World Topics Discussion (Creative Arts Studio) 11:00 Ecumenical Bible Study (Theater) 2:00 Bean Bag Baseball Game (PAC) 3:00 Tech Club (Class) 3:30 Spiritual Life: Valley Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 2 9:30 Mah-jongg (Club Room) 1:00 Greeting Card Making Class (Creative Arts Studio) 1:00 Resident Movie Pick: "The Four Seasons" (PAC & Ch. 992) 5:00 Wine at Five (Terrace Pub)	10:00 Cribbage (Club Room) 3
9:30 Catholic Prayer and Communion (PAC) 4 3:30 Vespers - WDM United Methodist Church (PAC)	9:00 Exercise Program with Wellness Team (Ch. 991) 5 1:00 Pitch (Club Room) 3:00 Memory Keepers (Event Center) 3:30 Spiritual Life: Lutheran Church of Hope (Ch. 991) 5:00 Wine at Five (Terrace Pub)	8:30 Men's Early Morning Chat (Creative Arts Studio) 6 10:00 Walking Group (Meet at the Performing Arts Center) 1:00 Texas Hold 'em Poker (Rec Room) 3:00 Mexican Train Dominoes (Rec Room) 3:30 Spiritual Life: WDM United Methodist Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 7 10:15 Catholic Mass (Event Center) 2:00 Singers (Assisted Living Dining Room) 3:00 Community Farmers Market 3:30 Spiritual Life: St. Francis of Assisi Catholic Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	10:00 World Topics Discussion (Creative Arts Studio) 8 11:00 Ecumenical Bible Study (Theater) 3:30 Spiritual Life: Valley Church (Ch. 991) 5:00 Wine at Five (Terrace Pub) 7:00 Trivia Quiz (Event Center)	9:00 Exercise Program with Wellness Team (Ch. 991) 9 9:30 Mah-jongg (Club Room) 10:00 Coffee Speaker: Ruth Comer, YMCA of Greater Des Moines - "Update on the Metro YMCAs" (PAC & Ch. 992) 1:00 Movie: "The Father" (PAC & Ch. 992) 5:00 Wine at Five (Terrace Pub)	10:00 Cribbage (Club Room) 10
9:30 Catholic Prayer and Communion (PAC) 11 3:30 Vespers - WDM United Methodist Church (PAC)	9:00 Exercise Program with Wellness Team (Ch. 991) 12 1:00 Pitch (Club Room) 3:30 Spiritual Life: Lutheran Church of Hope (Ch. 991) 5:00 Wine at Five (Terrace Pub)	8:30 Men's Early Morning Chat (Creative Arts Studio) 13 10:00 Walking Group (Meet at the Performing Arts Center) 1:00 Texas Hold 'em Poker (Rec Room) 3:00 Mexican Train Dominoes (Rec Room) 3:30 Spiritual Life: WDM United Methodist Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:15 Exercise Program with Wellness Team (Ch. 991) 14 10:50 Saints Alive Gathering (Valley Church) 2:00 Singers (Assisted Living Dining Room) 3:00 Knit and Stitch (Rec Room) 3:30 Spiritual Life: St. Francis of Assisi Catholic Church (Ch. 991)	11:00 Ecumenical Bible Study (Theater) 15 3:15 Tech Club (Multi-Purpose Room) 3:30 Spiritual Life: Valley Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 16 9:30 Mah-jongg (Club Room) 5:00 Wine at Five (Terrace Pub)	10:00 Cribbage (Club Room) 17
9:30 Catholic Prayer and Communion (PAC) 18 3:30 Vespers - WDM United Methodist Church (PAC)	9:00 Exercise Program with Wellness Team (Ch. 991) 19 10:30 Physical Therapy Presentation (PAC & Ch. 992 Room) 1:00 Pitch (Club Room) 3:00 Community Update Meeting (PAC & Ch. 992) 3:30 Spiritual Life: Lutheran Church of Hope (Ch. 991) 5:00 Wine at Five (Terrace Pub)	8:30 Men's Early Morning Chat (Creative Arts Studio) 20 10:00 Walking Group (Meet at the Performing Arts Center) 1:00 Texas Hold 'em Poker (Rec Room) 3:00 Mexican Train Dominoes (Rec Room) 3:30 Spiritual Life: WDM United Methodist Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 21 1:00 TouchTown Training (Class) 10:50 Saints Alive Gathering (Valley Church) 2:00 Singers (Assisted Living Dining Room) 3:00 Book Club (Event Center) 3:30 Spiritual Life: St. Francis of Assisi Catholic Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	10:00 World Topics Discussion (Creative Arts Studio) 22 11:00 Ecumenical Bible Study (Theater) 3:30 Spiritual Life: Valley Church (Ch. 991) 5:00 Wine at Five (Terrace Pub) 7:00 Trivia Quiz (Event Center)	9:00 Exercise Program with Wellness Team (Ch. 991) 2 9:30 Mah-jongg (Club Room) 10:00 Coffee Speakers: IL Resident Carlton Peterson and Sasha Mudlaff "Hamilton's Funeral Home - A Family Legacy Since 1913" (PAC & Ch. 992) 1:00 Resident Movie Pick: "Manchester by the Sea" (PAC & Ch. 992) 5:00 Wine at Five (Terrace Pub)	10:00 Cribbage (Club Room) 24
9:30 Catholic Prayer and Communion (PAC) 25	9:00 Exercise Program with Wellness Team (Ch. 991) 26 1:00 Pitch (Club Room) 2:30 Volunteer for Meals from the Heartland (PAC) 3:30 Spiritual Life: Lutheran Church of Hope (Ch. 991) 5:00 Wine at Five (Terrace Pub)	8:30 Men's Early Morning Chat (Creative Arts Studio) 27 10:00 Walking Group (Meet at the Performing Arts Center) 1:00 Texas Hold 'em Poker (Rec Room) 3:00 Mexican Train Dominoes (Rec Room) 3:30 Spiritual Life: WDM United Methodist Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 28 2:00 Singers Practice (PAC) 3:00 Knit and Stitch (Rec Room) 3:00 Parkinson's Support Group (Events Center) 3:30 Spiritual Life: St. Francis of Assisi Catholic Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:30 World Topics Discussion (Creative Arts Studio) 29 10:30 Memorial Service (PAC & Ch. 992) 3:30 Spiritual Life: Valley Church (Ch. 991) 5:00 Wine at Five (Terrace Pub)	9:00 Exercise Program with Wellness Team (Ch. 991) 30 9:30 Mah-jongg (Club Room) 10:00 Philanthropy Presentation (PAC & Ch. 992) 1:00 Resident Movie Pick: "Woman in Gold" (PAC & Ch. 992) 5:00 Wine at Five (Terrace Pub)	10:00 Cribbage (Club Room) 31